

HAIR TRANSPLANT

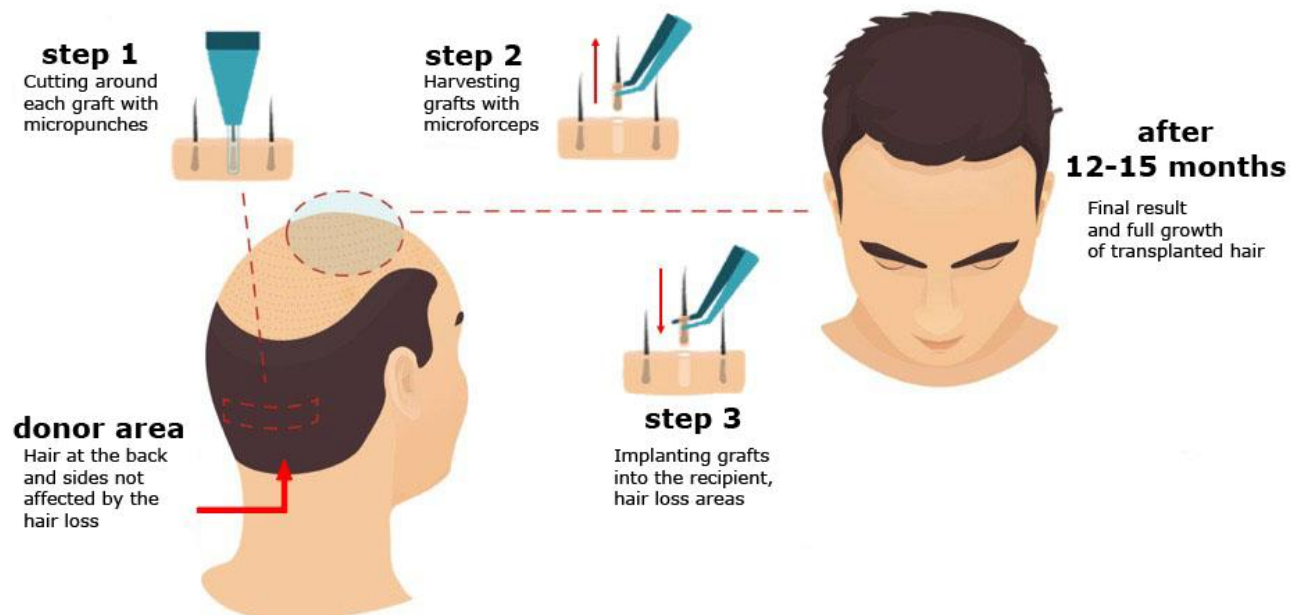
Patient Information Guide — Mumbai, India

About the Procedure

A hair transplant is a permanent, minimally invasive procedure that moves healthy hair follicles from a donor area (usually the back of the scalp) to areas of thinning or baldness. The most common modern technique is FUE (Follicular Unit Extraction), which leaves no linear scar and allows for a natural-looking result.

The procedure is performed under local anaesthetic — you are awake and comfortable throughout, with breaks provided. Most procedures are completed in a single day.

Micromotor-assisted FUE Hair Transplant



Our Surgeon — Dr. Sumit Agarwal

Dr. Sumit Agarwal is based at Harley's Hair Transplant Clinic in Mumbai and has extensive experience in hair restoration for international patients. He provides a thorough assessment based on your photos prior to travel, and a full clinical evaluation on arrival.

Typical Procedure Schedule

The schedule generally follows this pattern:

- Day 1 — Consultation, blood tests and fitness assessment
- Day 2 — Hair transplant procedure
- Days 3 & 4 — Rest and recovery
- Day 5 — Follow-up appointment with surgeon

Blood tests are required before the procedure. Your surgeon may also recommend medication to improve the thickness of your existing hair prior to surgery.

What to Expect: Day-by-Day Recovery

Day 0 — Procedure Day	Carried out as a day procedure under local anaesthetic. You are awake but comfortable, with breaks as needed. Scalp may feel tight or tender afterwards. You return to your hotel the same day with clear aftercare instructions and medication.
Days 1–2	Usually the most uncomfortable days, though discomfort is generally mild to moderate and well controlled with medication. Some swelling around the forehead or eyes is possible — temporary and harmless. Sleep with head slightly elevated. Grafts will be clearly visible.
Days 3–4	Swelling begins to settle. Small scabs form around each graft — this is completely normal. Mild itching may occur; do not scratch or pick at the area. Gentle washing typically begins at this stage, following the surgeon's instructions.
Days 5–7	Scabs begin to dry and fall off naturally. Redness is still present but gradually fading. Most people feel comfortable going out and about. A loose-fitting hat may be worn if advised.
Days 8–10	Most scabs have cleared and the scalp is healing well. You'll usually feel physically back to normal. Some transplanted hairs may start to shed — this is expected and part of the normal growth cycle, not a sign of failure.
After Day 10	Hair growth happens gradually over the coming months, with visible regrowth typically starting around 3–4 months. Results continue to improve for up to 12 months.

Key Things to Remember

- Swelling, redness, scabbing, and some shedding are all completely normal parts of healing
- The first 10 days are about protection and gentle care — follow all aftercare instructions carefully
- Do not scratch or pick at the scalp during the healing phase
- Most people find recovery far easier than they expected
- Final results take time — visible regrowth typically begins around 3–4 months, with full results at 12 months
- Patience is part of the process!

Pricing — Hair Transplant (Mumbai)

Item	Cost
Hair Transplant — approx. 6,000 follicles (grade 4 hair loss)	INR 190,000 + 18% GST (approx. NZ \$3,400 upwards + taxes)
Included in price	Surgeon's consultation, procedure charges, anaesthesia, 7 days of antibiotics, all pre- and post-surgery consultations
Please note	Price is based on current exchange rate and is valid for 3 months from date of quote. Final treatment plan may be adjusted after clinical evaluation.

Next Steps

To receive a personalised quote and get started, here is what we will need from you:

- A set of photographs of your scalp (front, top, and sides) taken in good natural light — please refer to the photographic standards guide provided
- Your completed medical assessment form (link provided separately)
- Your preferred travel dates so we can check surgeon availability

Once we have these, we can confirm your quote, schedule your procedure, and arrange your airport transfer, accommodation, and all hospital appointments. You will be well looked after every step of the way!

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